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BOOK REVIEWS



IN CHARGE OF
M. E. CAMERON

700 SURGICAL SUGGESTIONS. By Walter M. Brickner, M.D., Eli Moschowitz, M.D., and Harold Hays, M.D. Third Edition, price \$1.00, \$2.00. Surgery Publishing Company, 92 William St., New York.

The third edition of this very popular little volume, which is published and edited by the editorial staff of the *American Journal of Surgery*, comes to us much enlarged and yet maintaining its characteristics of terse brevity and wide-spread comment on things of vital importance in surgery. Here are just the points that the practising surgeon, feeling himself growing rusty, comes back to college to pick up in post-graduate clinics. Notwithstanding the extremely practical character of the book it retains its attractive exterior, appearing in its original scarlet and gold cover, and beautiful cream-toned paper.

SCIENTIFIC NUTRITION SIMPLIFIED. By Goodwin Brown, A.M. Frederick A. Stokes Co., New York.

Here we have the result of certain experiments tried and proven by the author to test the principles of nutrition as advanced by Fletcher, Chittenden, and Irving Fisher. As an incentive to others who may be fellow sufferers he relates how he found himself at the age of fifty-four "going painfully down the wrong side of the hill of life, and giving up one by one all the pleasures that had made living attractive to him." "He had lost his power to work, his enjoyment of social pleasures, and all his interest in intellectual pursuits. He suffered intense pain, which he took to be muscular rheumatism, and at times from a mild form of aphasia." "His one object was to get done his work as rapidly as possible and go to bed." How he emerged from this moribund condition and took on a new lease of life, how he regained his zest for pleasure, his interest in intellectual pursuits, his enjoyment of work, are told in a brief for the benefit of his fellows. From the long list of acknowledgments he makes to other writers one feels assured that he has the highest authority of noted scientists to add to his personal experience. Inci-